



**Member of the Region 10 PIHP**

**1570 Suncrest Drive, Lapeer, Michigan 48446**

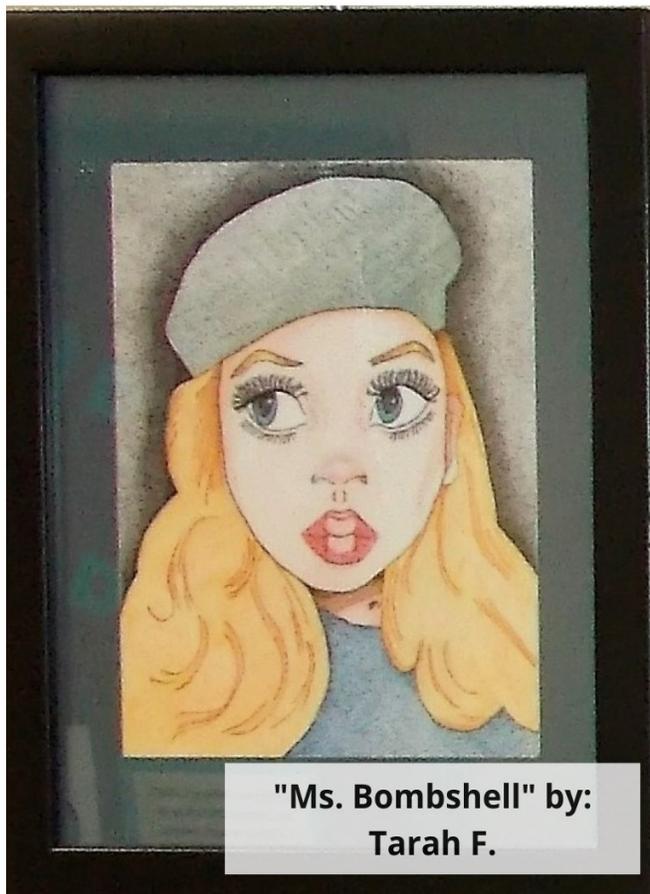
**(810) 667-0500**



Art work by: Kristine M.



"Music Explosion" by:  
Laura W.



"Ms. Bombshell" by:  
Tarah F.



"Ducks"  
by Patsy A.

## **MISSION STATEMENT**

Lapeer County Community Mental Health provides mental health care through a variety of services to promote complete wellness.

## **VISION**

Lapeer County Community Mental Health will support and serve the community through a variety of services promoting complete wellness including mental wellness always aiming to remove the stigma around mental health care.

## **WHO WE ARE**

Lapeer County Community Mental Health is a community resource providing a variety of services to ensure our friends and neighbors enjoy a life of complete wellness.

## **WHAT WE DO**

Lapeer County Community Mental Health provides stigma free mental health care to ensure the overall health and wellness of the community.

# **Language Assistance and Accommodations**

## **Language Assistance**

If you are a person who does not speak English as your primary language and/or who has a limited ability to read, speak or understand English, you may be eligible to receive language assistance.

If you are a person who is deaf or hard of hearing, you can utilize the Michigan Relay Center (MRC) to reach your PIHP, CMH, or service provider. Please call 711 and ask MRC to connect you to the number you are trying to reach.

If you need a sign language interpreter, or if you do not speak English you may contact Customer Service Monday through Friday, 8 a.m. to 5 p.m.

For individuals in Genesee County, call: (866) 211-5455

For individuals in Lapeer, Sanilac, and St. Clair counties, call : (888) 225-4447

Interpreters are available at no cost to you. Also, the Customer Handbook is available in large print and recorded formats upon request.

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Lapeer County Community Mental Health  
1570 Suncrest Drive, Lapeer, MI 48446  
(810) 667-0500

Chief Executive Officer: Brooke Sankiewicz  
[bsankiewicz@lapeercmh.org](mailto:bsankiewicz@lapeercmh.org)

Medical Director: Dr. Sarah Steinacker, DO  
[ssteinacker@lapeercmh.org](mailto:ssteinacker@lapeercmh.org)

Recipient Rights Officer: Lisa Jolly  
[ljolly@lapeercmh.org](mailto:ljolly@lapeercmh.org)

Website: [lapeercmh.org](http://lapeercmh.org)

# Medicaid Health Plans

Medicaid Health Plans cover medical services not included in the service array for mental health and substance use disorders offered in Lapeer County. For a list of medical services, see Chapter 9 in your Customer Handbook. The Medicaid Health Plans that serve Lapeer County are listed below.

McLaren Health Plan.....888-327-0671

Member Services.....810-733-9710

Meridian Health Plan..... 888-437-0606

Member Services.....313-324-3700

Blue Cross Complete of Michigan...888-3676557

Member Services...800-228-8554

United Health Care.....800-980-5213

Molina Health Care .....888-898-7969

LAPEER COUNTY COMMUNITY RESOURCE GROUPS

NAME	DATES/TIMES	PHONE NUMBER	ADDRESS
Domestic Violence Support Group	Wednesdays 5—6 p.m..	(810) 667-4175	1127 Clark Rd., Lapeer, MI 48446
Caregiver Support Group for Alzheimer's	Fourth Wednesday of the month 6—7:30 p.m.	(810) 732-8500	VIRTUAL MEETINGS
Parents Helping Parents	Call for information	(810) 664-4743	VIRTUAL MEETINGS
Getting Free, Staying Free	Mondays 6 p.m.	(810) 667-0075	3340 Davison Rd., Lapeer MI 48446
Depression and Bipolar Support Group	First and third Thursday of the month	(810) 347-4706	11714 S. Saginaw St., Grand Blanc MI 48439
Suicide Survivor Group	First & third Tuesday of the month	(810) 338-6315	431 N. Court St., Lapeer MI 48446
Grief Share Group	Tuesdays	(810) 724-6030	395. E. Third St.,
New Tomorrows Grief Support	Mondays 4:30—6:30 p.m.	(810) 496-8625	10135 Lapeer Rd., Davison MI 48423
Breast Cancer Support Group	Third Wednesday of the month	(248) 992-6623	1295 Barry Dr., Suite B Lapeer MI 48446
Better Breathers Club	Third Tuesday of the month	(810) 667-5675	1295 Barry Dr., Suite B Lapeer MI 48446
Families Anonymous	First and third Thursday of the month	(810) 441-8027	220 Nepessing St., Lapeer MI 48446
Alcoholics for Christ	Thursdays 6—8 p.m.	(810) 667-0075	3440 Davison Rd., Lapeer MI 48446
Alcoholics Anonymous	Tuesday & Fridays	(810) 234-1460	433 Calhoun St., Lapeer MI 48446
Double Trouble	Thursdays 1—2 p.m.	(810) 667-0500	1570 Suncrest Dr., Lapeer MI 48446

## WEBSITE RESOURCES

Alcoholics Anonymous	<a href="https://www.aa.org/">https://www.aa.org/</a>
Internet Mental Health	<a href="https://mentalhealth.com">https://mentalhealth.com</a>
MedLine Plus Health Information	<a href="https://www.medlineplus.gov/">https://www.medlineplus.gov/</a>
Mental Health America	<a href="https://www.mhanational.org/">https://www.mhanational.org/</a>
Michigan Department of Health & Human Services	<a href="https://www.michigan.gov/mdhhs">https://www.michigan.gov/mdhhs</a>
Association for Children’s Mental Health	<a href="http://www.acmh-mi.org/">http://www.acmh-mi.org/</a>
ARC/Michigan	<a href="https://arcmi.org/">https://arcmi.org/</a>
Michigan Disability Rights Coalition	<a href="https://www.copower.org/">https://www.copower.org/</a>
Disability Rights of Michigan	<a href="https://mymdrc.org/">https://mymdrc.org/</a>
Michigan Resources	<a href="https://www.mi211.org/">https://www.mi211.org/</a>
Michigan Works	<a href="https://www.michiganworks.org/">https://www.michiganworks.org/</a>
National Association of the Mentally Ill	<a href="https://www.nami.org/Home">https://www.nami.org/Home</a>
National Suicide Prevention Lifeline	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>
Pure Michigan Talent Connect	<a href="https://www.mitalent.org/">https://www.mitalent.org/</a>
Social Security Administration	<a href="https://www.ssa.gov/">https://www.ssa.gov/</a>
Substance Abuse & Mental Health Service Administration	<a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a>

## NATIONAL HOTLINES

AIDS hotline	(800) 342-2437
Alcoholics Anonymous	(810) 234-0815
DHS Adult Abuse Hotline	(800) 996-6228
DHS Child Abuse Hotline	(800) 942-4357
DHS Energy Assistance Hotline	(800) 292-5650
DHS Homeless Hotline	(800) 274-3583
DHS Runaway Assistance Hotline	(800) 292-4517
DHS Mental Health Warmline	(888) 733-7757
Domestic Violence Hotline	(800) 799-7233
LGBT National Help Center	(888) 843-4564
Self-Injury Prevention Hotline	(800) 366-8288 or dial 988
National Suicide Prevention Hotline	(800) 273-8255
ACCESS Center	(800) 225-4447
National Sexual Assault Hotline	(800) 656-4673
Anti-Bullying Hotline	(855) 565-2729
Substance Abuse and Mental Health Services National Helpline	(800) 662-4357

# Housing

## **Human Development Commission**

**(833) 611-0804**

**Homeless Services** HDC operates several programs to assist with temporary or permanent housing solutions. The program goal is to transition people to permanent housing and supply them with the skills and means to maintain permanent housing status.

**Rapid Re-Housing Program** is a rapid re-housing program for homeless individuals. All applicants must be referred to HDC for available slot by Blue Water Center for Independent Living (BWCIL). The tenant signs a lease in his or her name. The rent is paid by the Human Development Commission. The Human Development Commission pays the monthly rent to the landlord. The tenant is responsible for any utilities that are not included in the rent. Tenants may participate for up to 18 months. The unit must meet payment standards and pass Housing Quality Standards and Habitability Standards inspections.

**Homeless Re-Housing Program** is a rapid re-housing program for homeless individuals and or families. The tenant signs a lease in his or her name. The rent is paid by the Human Development Commission. The Human Development Commission pays the monthly rent to the landlord. The tenant is responsible for any utilities that are not included in the rent. Tenants may participate for up to 18 months. The unit must meet payment standards and pass Housing Quality Standards and Habitability Standards inspections.

## **Housing for Veterans**

Veterans should call the intake line for Disability Network of the Thumb at (810) 648-2555.

**The Golden Arrow or Drop in** a place that provides people who have high risk mental health issues with critical social support, as well as organized and informal recreational and social activities. Individuals and employees at the drop in assist each other in solving daily living problems, which may include social, recreational, housing, transportation, and vocational assistance. Open Monday through Friday, 8 a.m. to 4 p.m. Golden Arrow is located at 24 S. Court Street, Lapeer, MI 48446. Their phone number is (810)660-8333.

**The Refuge** is a transitional housing program for families and individuals (male and female) that are ready, willing, and able to make changes that will move them toward self-sufficiency. You must pass an alcohol test each evening and submit to it at dawn. To schedule an Intake, contact The Refuge or come to the office during office hours only. Office hours are Tuesday through Thursday, 8 a.m. to 1 p.m. Sunday hours by appointment only. Call 810-441-9990. No Drop-ins allowed. You must schedule an intake.

## Food Resources

**Commodity Supplemental Food Program (CSFP)** provides free food and includes things such as canned fruits, vegetables and meats, dried beans, pasta, etc. Senior Citizens (age 60 and older), but must fall within USDA income guidelines. If you are not a senior, you will still get food. For eligibility, call (810) 664-7133.

**Stone Soup Food Pantry** provides baked goods, produce, meat, dairy and non perishable food to the hungry throughout Lapeer County. Located at 475 South Court Street, Lapeer. Call 810-245-0500 for more information.

**Meals for Seniors** is administered through the Lapeer County Health Department. You must be 60 or over, home bound, and a resident of Lapeer County. To determine eligibility, call (810) 245-8566.

**Supplemental Nutrition Assistance Program (SNAP)/EBT (Electronic Benefits Transfer)** To get SNAP benefits, households must meet resource and income requirements. To apply for benefits make an account at [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov) or call 1-888-678-8914

## Food Pantries

Almont Vineyard Church	(810) 673-3040
Attica United Methodist Church	(810) 724-0680
Capac Food Pantry	(810) 395-7532
Columbiaville United Methodist Church	(810) 793-6363
Davison Outreach East	(810) 653-7111
Imlay City Hispanic Center	(810) 724-3664
First Congregational Church	(810) 724-6207
St. Paul Lutheran (Imlay City)	(810) 724- 1200
Lapeer Department of Human Services	(810) 667-0800
Lapeer human Development Commission	(810) 664-7133
Love INC.	(810) 245-2414
Trinity United Methodist Church	(810) 664-9941
Grace Episcopal Church	(810) 664-2841
Immaculate Conception Catholic Church	(810) 664-8594
St. Paul Lutheran Church (Lapeer)	(810) 664-6653
Lapeer Freed Methodist Church	(810) 664-3393
Mayville Area Share Shop	(989) 843-5370
North Branch Thrift Shop & Emergency Aid	(810) 688-2920
Good Samaritans Food Giveaway	(810) 667-3123
Stone Soup Food Bank	(810) 245-0500

### SOUP KITCHEN INFORMATION:

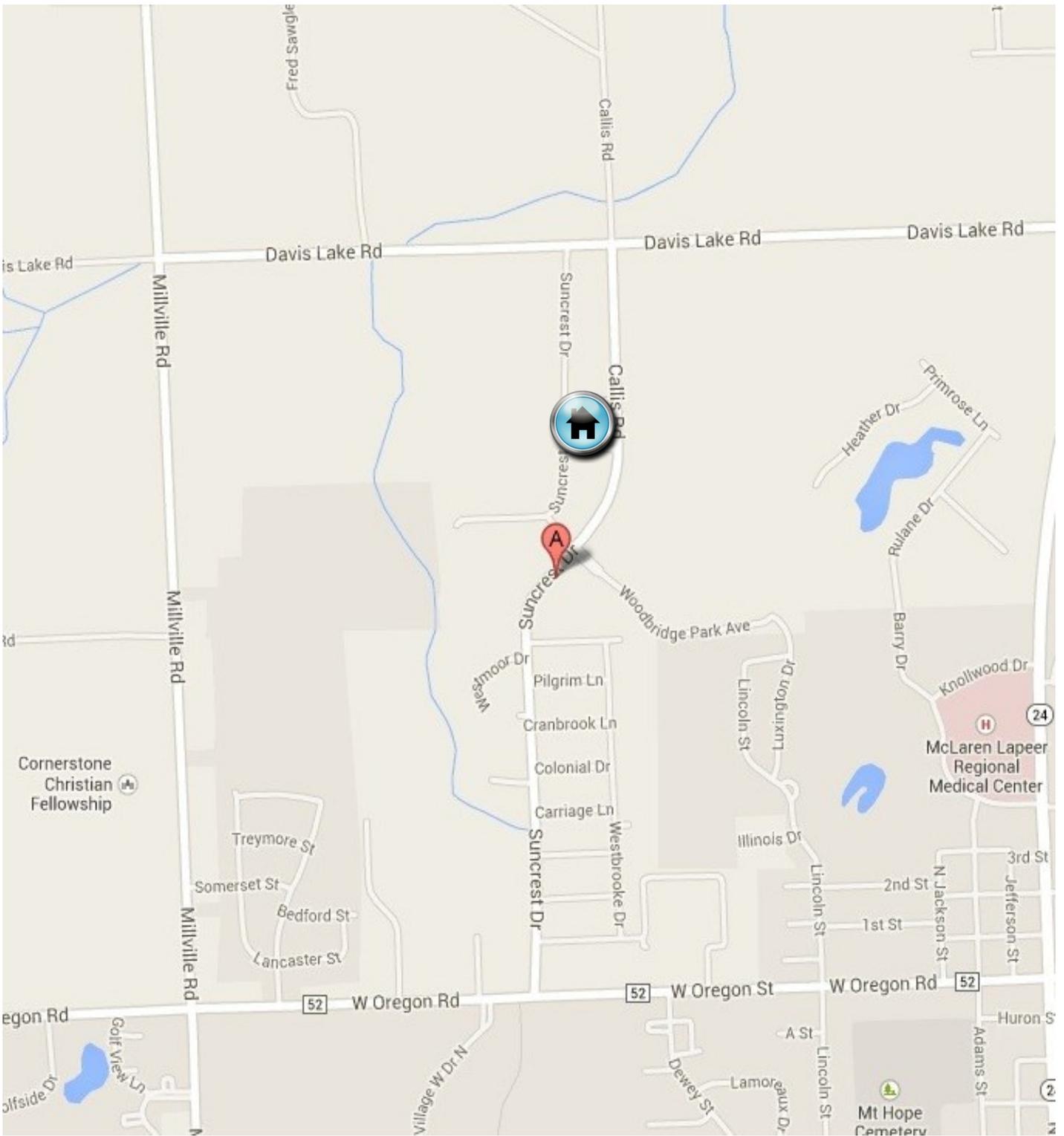
Church of Christ Soup Kitchen

1680 North Lapeer Road, Lapeer, MI 48446

Held on Wednesdays at 5 p.m.

A total of five churches in the county banded together to form the Lapeer Interfaith Community Association, or LICA, which hosts monthly pop-up food pantries. Search for Lapeer Interfaith Community Association on Facebook or call (810) 614-0414 for more information.

# Notes



## **Lapeer County Community Mental Health Office:**

The office is located at the north end of Suncrest Drive. Our mailing address is 1570 Suncrest Dr., Lapeer, MI 48446 .

### **Directions to get to Community Mental Health:**

*From the East:* Take M-24 north (from M-21 or I-69 exit) to Oregon St. (also known as Bowers); turn left at Oregon St. to Suncrest Dr.; turn right and take almost to the end - our building is one story with blue exterior.

*From the West:* Take the Lapeer I-69 exit; turn north or left onto M-24 continue past M-21, traveling north to Oregon St., turn left or west to Suncrest Dr., turn right or north, take to the end.

*From the North:* Take M-24 (N/S Lapeer Rd) south to Davis Lake Rd., turn right at the Security Credit Union onto Davis Lake Rd., turn at the first left which is Callis Rd., and take it to CMH on the right between Callis and Suncrest Dr.